OAKS PARK HIGH SCHOOL

NEWSLETTER

Issue 004

Monday 9th November 2026

OAKS PARK SIXTH FORM

SIXTH FORM OPEN EVENING

DISCOVER • ACHIEVE • BELONG



A Level - Platinum Award
Alps
Top 10%
2026

A LEVEL RESULTS IN THE TOP 10% OF SCHOOLS IN THE UK

Thursday 12th November 2026
4:00pm – 6:00pm

Celebrating Outstanding A Level Results
Top 10% of schools in the UK (ALPS 2026)

Chromebooks for all Sixth Form Students

Oaks Park High School
45–65 Oaks Lane,
Newbury Park, Essex,
Redbridge IG2 7PQ

Click Here

REGISTER HERE

HIGHER ASPIRATIONS BRIGHTER FUTURES





EXCELLENT PEOPLE | EXCEPTIONAL OPPORTUNITIES | A BRIGHTER TOMORROW

OAKS PARK HIGH SCHOOL

OAKS PARK HIGH SCHOOL PRESENTS

LITTLE SHOP OF HORRORS

A MUSICAL THAT'S OUT OF THIS WORLD!



COMING 3RD AND 4TH DECEMBER 2026

6PM

JOIN US FOR A **WICKEDLY** FUNNY AND UNFORGETTABLE **MUSICAL COMEDY!**

- **AMAZING MUSIC** YOU'LL LOVE
- **BITE-SIZED HUMOUR** WITH BIG IMPACT
- **TALENT, CREATIVITY** & TEAMWORK

EARLY BIRD TICKETS ON SALE NOW

UNTIL 15TH NOVEMBER 2026

VIA SCHOOL MONEY

~~WAS £6~~ NOW £5	ADULT
~~WAS £4~~ NOW £3	STUDENT

All tickets are non-refundable.

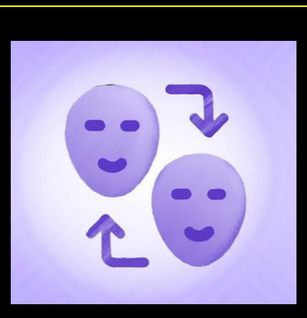




Gen AI (generative artificial intelligence) is now everywhere and young people are often the first to start using new technologies, Gen AI gives young people the opportunity to explore their digital creativity in new and exciting ways, however it can also pose many safety risks including emotional distress, reputational harm, cyberbullying, exploitation and sextortion.

What is Sextortion: Form of online blackmail that involves the threat of sharing intimate or explicit images or videos to extort money or force someone to do something. Whenever a young person creates and shares sexual images or information about themselves, they no longer have control over how that content is used, and may become vulnerable to approaches from people online who wish to sexually or financially exploit them. Sextortion often begins with an innocent friendship or relationship online.





What are Deep Fakes: Digital images, videos, or audio clips created or manipulated using artificial intelligence (AI) to make it look or sound like a real person said or did something they never actually did.

Support For Young People

Do not pay the perpetrator - even if you are tempted, as there is no guarantee that this will stop the threats
Stop all communication with the perpetrator and block them on all platforms to prevent further manipulation or harassment.
Avoid deleting anything that could be used as evidence such as messages, images, telephone numbers, and bank account details
Report to the Police or Child Exploitation and Online Protection Command (CEOP).
Tell your parents/carers/trusted adults.

Parents & Carers

By learning about AI, talking openly with your child and agreeing boundaries, you can help them use it safely and confidently.
Please click here for further support and advice.

Should you have any concerns or wish to contact the Safeguarding Team at Oaks Park, please email safeguarding@oakspark.redbridge.sch.uk

Oaks Park Students Showcase Startup at the House of Lords

We are incredibly proud of Avika, Angel, Orgeto and Aayan, winners of the BAE HQ Youth Startups 2026!



Following their success in the competition, the team received the fantastic opportunity to present their startup, Knowva, at the UK House of Lords. Knowva is an innovative idea focused on making higher education more flexible and accessible, helping students explore opportunities that better match their individual ambitions, interests and future career pathways.
During their visit, the team shared their vision with an audience of MPs, entrepreneurs and industry leaders. They also had the opportunity to make valuable connections, exchange ideas and gain insights from people working across business, education and industry. It was an inspiring experience and an important opportunity to develop their confidence, communication and entrepreneurial skills.

Their achievement reflects the creativity, determination and ambition that we encourage at Oaks Park. We are particularly proud to see our students taking their ideas beyond the classroom, embracing new challenges and engaging with opportunities that can help shape their futures.
A huge well done to Avika, Angel, Orgeto and Aayan on this outstanding achievement. We look forward to following their journey with Knowva and seeing what they accomplish next!





SCHOOL DIARY DATES

Monday 9th Nov	Tuesday 10th Nov	Wednesday 11th Oct	Thursday 12th Nov	Friday 13th Nov
Week 2 **Flu Vaccinations Y7-Y11** **Jack Petchey Award Ceremony 7:30pm**	Week 2 **Flu Vaccinations Y7-Y11**	**Week 2** **Remembrance Day** 	**Week 2** **6th form open event 16:00 t0 18:00** **Y10/11 Music London Philharmonic Concert**	**Week 2** **WTM English** **Alternative routes into Higher Education**



EARLY FINISH :
Thursday 12th November
Students will be dismissed in a staggered way as follows

- **Yr 7 & 8- 12.40pm**
- **Yr 9 & 10- 12.45pm**
- **Yr 11-12.50pm**

Sixth Formers will be dismissed at 12:10 pm

Monday 16th NOV	Tuesday 17th NOV	Wednesday 18th NOV	Thursday 19th NOV	Friday 20th NOV
Week 1 **Y11 'Stardust Series' Talk at Chigwell**	**Week 1** **Y8 Poet Visit**	**Week 1** **Y7 Kew Gardens**	**Week 1** **Y8 Big Ideas**	**Week 1** **Children in Need**  **Y8 Big Ideas SIRM Careers Café** **Body World**

Year 7 Discover the Wonders of Science at the ExCeL Centre!

Last month, our Science department took 16 eager Year 7 students on an exciting field trip to the New Scientist Live event at the ExCeL Centre.

It was a fantastic day filled with hands-on discovery and inspiration. Our students particularly loved exploring the branded food and drink stands, such as yogurt and cereal brands, which gave them a chance to explore the science behind some of their everyday foods.

The excitement wasn't only focused on food though, some of our budding computer scientists even had the chance to program a machine learning application for a robot car race while future physicians learned how to stitch damaged tissues on synthetic skin samples!

A huge well done to all the Year 7 students who attended for their fantastic behaviour and enthusiasm throughout the day, representing our school brilliantly.





Student of the Month for October 2026



Olivia
Year 7



Keeyan
Year 8



Isa
Year 9

Anastasia
Year 10



Mishal
Year 10



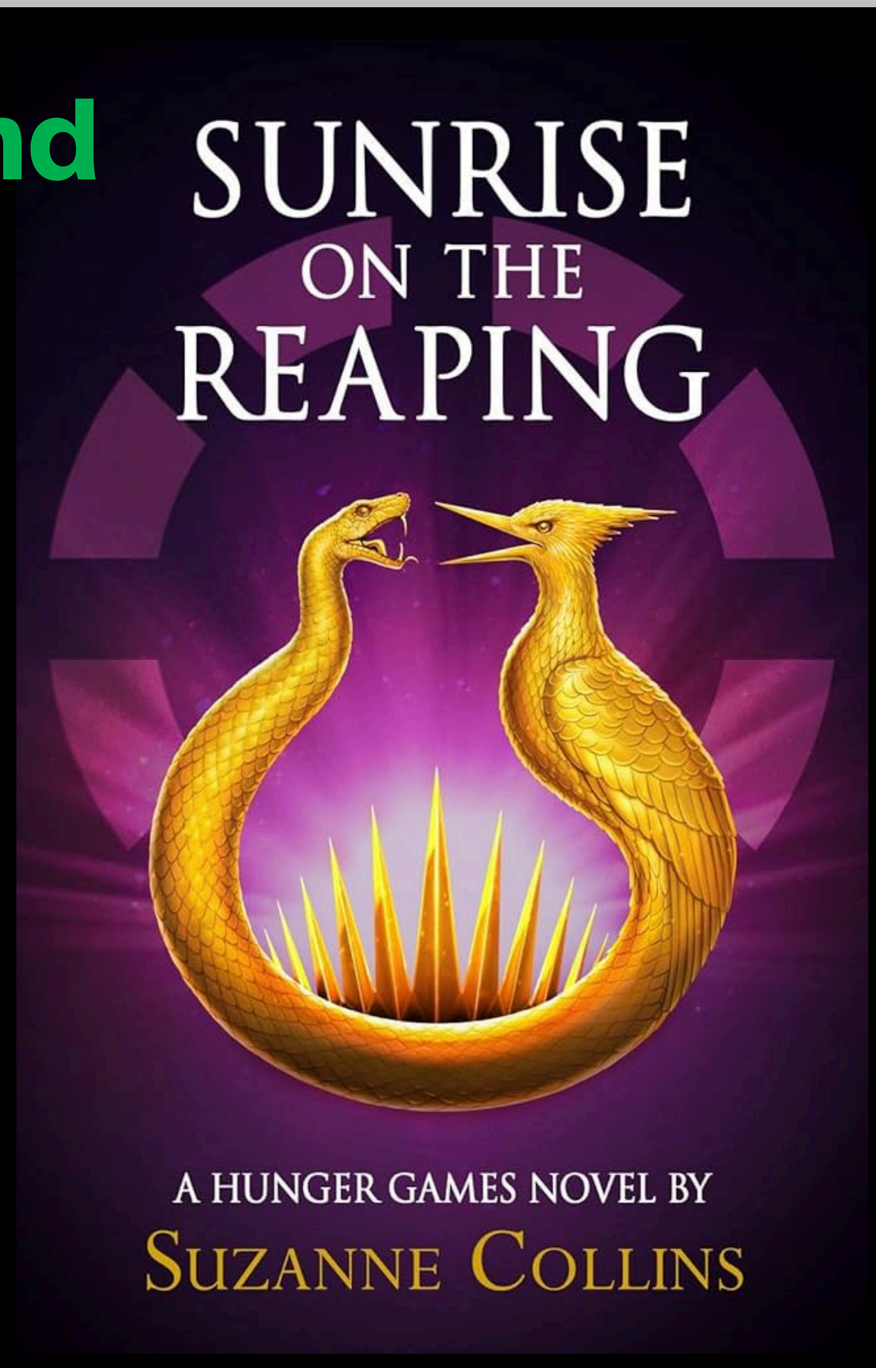
Valeria
Year 12



Zaria
Year 13

Read - Review - Recommend

When The Hunger Games by Suzanne Collins was first published in 2008, I assume no one expected this book – and its sequels – to become what we call a "Classic" in young adult literature. I therefore was very, very curious for this new prequel, Sunrise on the Reaping. Did it meet all the expectations or was it too much?



By Ms M Taylor

★★★★★



I think this book is one of the most anticipated releases for the first quarter of the year. Reviews have been coming in and many people really loved this prequel about Haymitch. As I ended up loving the original trilogy and the other prequel as well, the bars were sky high. Besides, I was in desperate need of a book I would thoroughly enjoy. Collins can't disappoint, can she?

Haymitch is a character we met in the first book already. We got to know him as the sarcastic, fulltime drunk mentor of Katniss and Peeta, and it really looked like he didn't care for them or their games at all. His own story sheds light on his character and what made him the way he was when we met him. A lot has happened in his life. Before all this, he deeply cared for his family, friends, and even his fellow tributes. All the things he endured in the arena and beyond made him a whole different person. Collins really elaborates his character – as well as the other characters – in depth and there's no mercy for anyone. Besides Haymitch and the other tributes who are new to us, we see many familiar faces we will be reunited with in the rest of the series.

Many people say that the plot is quite repetitive in comparison to the other books. And although this is logical and true, it's more about what lies beneath. The purpose of this entire series is to address such important and current themes and that's no different in this book. The cruelty of the Capitol was visible right from the start and the urge to end their regime once and for all was already strongly present here. Throughout this novel we learn more about Haymitch and how he suffers from the decisions Snow and his puppets make for him. As a reader, you will feel all emotions, you won't be spared any of them. This makes this book both plot and character driven, although the focus is more on the characters and how the decisions made in the plot affects them.

Sunrise on the Reaping by Suzanne Collins is exactly what I expected it to be. I was intrigued from the start and just couldn't stop reading. Haymitch' actions from the trilogy have their origin and this is now explained. The writing was easy to follow, I flew through this book in a breeze. I think this is a good addition to the series, and I finally enjoyed a book again after having some trouble with some I read before.

Word of the Week

Mogging
(Noun)

Definition:
The act of outshining or outperforming someone or something.

In a sentence:
"He's mogging everyone at the gym with how much he can lift."

Collins Dictionary word of the year 2026

Quote of the Week

"Every single day, no matter how early I have to get up, I begin with a cup of tea and a book, not a script, not emails, a book."

Patrick Stewart
Actor

13/7/40 - 28/10/26



Careers Corner



GREEN CAREERS:

BUILDING A SUSTAINABLE FUTURE

Could your future career help change the world?

As the world moves towards a more sustainable future, exciting career opportunities are emerging across a wide range of industries. Green careers are not limited to environmental scientists or conservationists; they include roles in engineering, technology, construction, transport, finance, agriculture, energy and business.

From developing renewable energy technologies and designing greener buildings to protecting biodiversity and creating sustainable products, people working in green careers are helping to tackle some of the biggest challenges facing our planet.

Green skills are becoming increasingly important across the wider economy. Whatever your interests or strengths, there may be a career pathway that allows you to make a positive contribution to the environment while pursuing a rewarding profession.



Your challenge:
Explore the Green Careers Hub and discover one career you had never previously considered. What subjects, qualifications and skills could help you get there?

www.greencareershub.com

CLICK HERE

Supporting Students At Home

There are lots of ways parents can support students with their education at home. In each edition of the Oaks Park Newsletter we will try to provide some useful information to help you help them.

Parent Tips: **Green Careers Week**



We have been exploring Green Careers this week during form time, helping students understand the different pathways available to them as they begin to consider their future education, training, and career options.

Green Careers Week is a national initiative designed to highlight career opportunities linked to sustainability, environmental restoration, and net-zero goals. Green skills are becoming essential across almost every industry, including engineering, digital technology, construction, business, healthcare, and design.

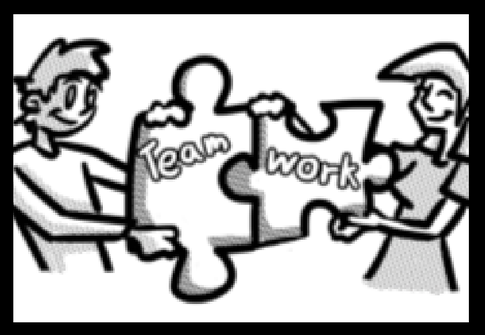
Technical pathways such as T-Levels and apprenticeships provide students with practical knowledge and workplace experience to help develop solutions for real-world environmental challenges

What can you do ?

Choosing the right post-16 pathway is an important decision, and parents and carers can play a valuable role in helping young people explore their options. You can support your child by:

- **Start a conversation at home:** Ask your child about their personal interests and discuss how sustainability might connect to potential career options.
- **Explore interactive resources together:** Look through free online tools and career quizzes to help them discover role models and matching career paths.
- **Encourage green credentials:** Support your teenager in building practical experience and personal sustainability habits, such as reducing waste, avoiding fast fashion, recycling, choosing local food, or volunteering for community projects.
- **Follow national updates:** Keep up with national news, events, and career films released during Green Careers Week through official educational channels and school announcements.





HAVE **YOU** HEARD OF OUR NEW COURSE ON

COMMUNITY PARENTING

In just 12 weeks, you could earn a Level 2 qualification in Peer Mentoring for f■■■.

Join the Parent Carer Champion legacy project today!

Open to parents across all 32 London boroughs, our hybrid learning model ensures that in-person sessions are delivered in local venues near you.



FOR MORE INFO

Contact **klaraismail@lifelineprojects.co.uk**
or visit **lifelineprojects.co.uk/parenting**

See overleaf for further details!

FAMILIES

LPFamilies
lifelineprojects.co.uk

LifeLine Projects

What is *Community Parenting?*

Lifeline Projects'new Community Parenting programme is the next step for Parent Carer Champions across London to grow their skills, build confidence, and step into community leadership roles.

Our Community Parenting programme is a *free 12-week course* designed to help you grow your skills, build confidence, and step into community leadership roles. You will develop practical skills, enhancing your employment opportunities and personal wellbeing, to become a peer supporter and mentor for your children and/or wider community.

What do I get?

Participants will receive an *OCN Level 2 Qualification in Peer Mentoring* upon successful completion of the course. A Level 2 Qualification is equivalent to one GCSE.

How does it work?

We'll meet weekly over the 12-week period, covering a range of topics like Regulation & Relationship, Contextual Safeguarding, and Digital Worlds.

You'll have the option of taking all 12 sessions entirely online or as a hybrid of online and in-person sessions held in a region of London near you.

All sessions are delivered by our experienced trainer, Safiyya, and personalised support will be offered throughout your journey.

Who is it for?

The course is aimed at parents and guardians who have experience with community/parent-based volunteering or support, such as the Parent Carer Champion Network.

FOR MORE INFO

Contact **klaraismail@lifelineprojects.co.uk**
or visit **lifelineprojects.co.uk/parenting**

VRU | MAYOR OF LONDON
VIOLENCE REDUCTION UNIT

FAMILIES

LPFamilies
lifelineprojects.co.uk

LifeLine Projects

LYG NETWORK NEWS AUTUMN 2026

Welcome to the autumn 2026 edition of London Youth Games' 'Network News'
Read on for information about programmes and opportunities for young Londoners
To include anything in future editions please contact info@londonyouthgames.org

LYG33 2027 IS OPEN FOR MEMBERSHIP APPLICATIONS



We're especially keen to hear from applicants from the following yet to be represented boroughs:

Brent, Bexley, Hammersmith & Fulham, Harrow, Hillingdon, Islington, Kingston, Lambeth, Lewisham, Richmond, Southwark & Wandsworth

Wearedelightedto announcethat applications are now open for new LYG33 Team Members for the 2027 season!

Please help us find passionate 14–21-year-olds to represent their borough and be the voice of young people across London.

YOUNG PEOPLE WHO ARE PART OF LYG33 WILL;
· Represent the voice of young Londoners and shape the future of London Youth Games in an area they are passionate about.
· Achieve an accredited award to build their CV.
· Develop confidence and capability achieve their future ambitions.
· Get access to exclusive experiences and opportunities.
· Meet new people and broaden their network.

Applications close at 11:59 pm on 11th October.
For more information, including how to apply, please see our website here.
If you have any questions, please email Rebbeca Williams

Expressions of interest for Inclusion Inspire Festival at Sutcliffe Park Sports Centre, SE9, on Wednesday 2nd December 2026

LYG are excited to share an additional Inclusion Inspire Festival, creating opportunities for schools to attend a pan-disability multi-sports festival designed specifically for young people with SEND and their friends.

Groups from Years 5-11 are welcome.
Spaces will be allocated, on a first come, first served basis.

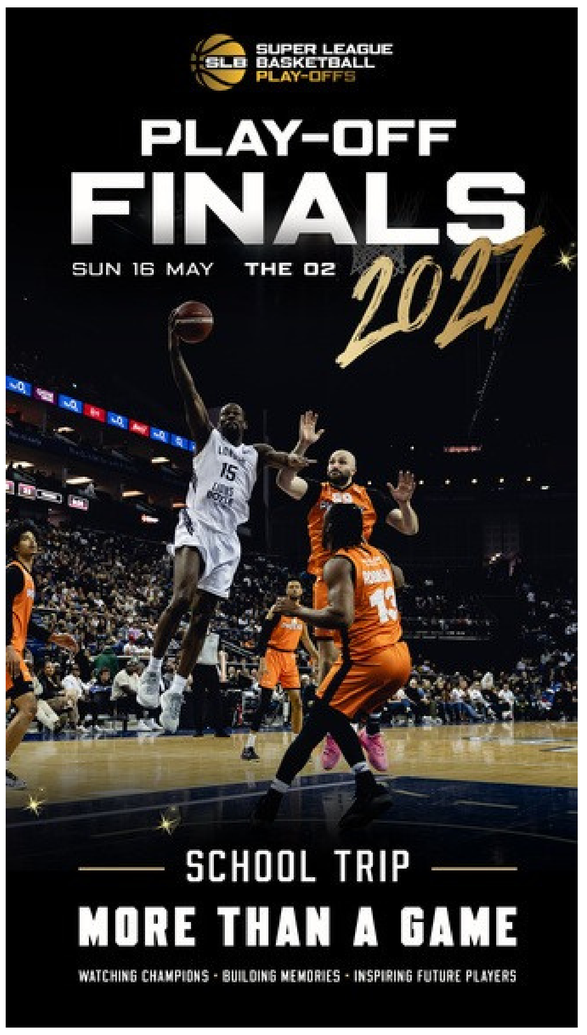
Tosign up follow thislink

BRING THE PE NATIONAL CURRICULUM TO LIFE AT THE O2

TheSuper League Basketball Play-offFinalsreturn toThe O2,London on Sunday16 May 2027,bringing together the very best men's and women's teams in British basketball for the biggest event in the basketball calendar.

The Play-off Finals attract thousands of students, schools, clubs and fans from across the UK to witness the culmination of the Super League Basketball season, in one of the country's most iconic sporting venues.

For schools, the event provides an exciting educational experience that supports the aims of the PE National Curriculum, helping students develop a greater understanding of performance, tactics, teamwork and sporting values through live elite sport.



EXCLUSIVE SCHOOL OFFER
- Tickets from just £20 per student
- Free organiser tickets for accompanying staff
- Flexible provisional booking options available
- School rewards including free Molten basketballs and kit
- Perfect for PE groups, sports teams, reward trips and enrichment programmes

SECURE YOUR GROUP SEATS – PROVISIONALLY BOOK NOW

For further information on the event, including our highlight video visit:
www.superleaguebasketballm.co.uk/2027playoffs